



HOW DO I KNOW IF MY PRESCHOOL CHILD (3 TO 5 YEARS) NEEDS OCCUPATIONAL THERAPY SERVICES?

- 1. Clumsy, falls frequently
- 2. Low muscle tone; seems weak or floppy
- 3. Says “I can’t” or “I won’t” to age appropriate self-care or play activities
- 4. Bumps into furniture or people, has trouble judging body in relation to space around him/her
- 5. Breaks toys or crayons easily
- 6. Does not enjoy jumping, swings or having feet off the ground
- 7. Dislikes coloring in lines, doing puzzles or cutting with scissors
- 8. Delayed language/speech development
- 9. Overly active, unable to slow down, moves quickly from one toy to another
- 10. Difficulty focusing attention, or over-focused and unable to shift to the next task
- 11. Dislikes bathing, cuddling, or haircuts
- 12. Over-reacts to touch, tastes, sounds or odors
- 13. Avoids playground activities
- 14. Unable to settle down, sleep difficulties
- 15. Needs more practice than other children to learn new skills

If your child is experiencing 3 or more problems on this checklist, occupational therapy services may be very helpful.

Call our trained therapists at 860-945-1301
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