



How Do I Know if My School-age Child Needs Occupational Therapy?

If your child is experiencing three or more items on this checklist, occupational therapy services may be helpful.

My child:

- Finds it hard to focus attention or is over-focused and unable to shift to the next task
- Hangs on people or furniture or props to support self
- Jumps from one activity to another
- Can't work with background noise
- Gets frustrated when trying to find objects in competing background, e.g., a cluttered drawer or messy room
- Craves movement, is always on the go, has difficulty sitting still, is fidgety
- Fearful of movement, reluctant to participate in play activities
- Is a picky eater
- Touches people and objects to the point of irritation
- Avoids getting messy
- Leaves clothing twisted on body
- Tires easily, seems weaker than others of same age
- Cries easily, is stubborn and uncooperative
- Dislikes handwriting
- Exhibits poor pencil pressure, breaks pencils and Crayons frequently
- Reverses letters; can't space letters on a line

Located at 900 Main Street in Oakville, Children's Therapy Center is a leading, statewide program dedicated to helping children reach their optimal development. The Center provides hands-on care, training programs and a wide collaboration network for families, caregivers, educators and health care professionals. Children's Therapy Center is affiliated with Therapy Unlimited, LLC, which provides services to Connecticut's Birth to Three Program, childcare centers, home care agencies and public and private schools. For more information or to schedule an appointment, please call Children's Therapy Center at 860-945-1301.

